



Pope Francis wrote: 'What kind of world do we want to leave to those who come after us ...?'

For us to live sustainably we need to watch how we interact with our environment, to enable every one of us to reach our full potential without causing irreversible damage. This means changing the way we live by acknowledging the cost of our 'convenient' way of life.

We invite you to review the previous 9 leaflets in which we have shown how:

- Pollution in all its forms, food & energy waste compounded by non-renewable sources of energy, are leading to climate change and dislocation of coastal and riverside communities – resulting in a significant increase in poverty and a threat to biodiversity.
- We have also touched upon how over-development blatantly ignores humanity's need to interact with the natural world and with each other. All of the above clearly demonstrates that **WE ARE NOT LIVING SUSTAINABLY.**

'By making choices to live sustainably and simply, we act as responsible stewards of creation.'
(Fr. Martin Boland, Brentwood Diocese)

A cultural and spiritual change is needed from today. Only then will we see a sustained reversal of the damage we have inflicted upon God's creation, for future generations.

What more can we do? Find out more > >

Think

To live sustainably we need to follow Mother Teresa of Calcutta's example:
'Live simply so that others can simply live'.

We need to ...

Yes I can do this

- Wake up and say 'no' to complacency and apathy. We could read *Laudato Si'* or the CAFOD Study Guide.
- Explore how we can make changes NOW to start repairing the damage already inflicted by the way we choose our energy supplier, the way we travel, and what we buy.
- Influence politicians at local and national level in order to secure meaningful legislation to support humanity's movement to redress the balance. Use this site to find out who your MP is: www.theyworkforyou.com
- Influence industry by supporting only those companies who themselves are tackling the massive problem head on and in a meaningful way.
- When did we last give thanks to God before and after meals? Why not start again and reflect on what was involved in the preparation of the meal?

Find out more ...

www.cafod.org.uk/climatereflections

This contains a series of 5-minute interviews with authorities on the subject including the amazing Fr. Augusto Zanzini Davies and Prof. Celia Deane-Drummond amongst others.

www.cafod.org.uk/playourpart

This is an invitation for all of us to engage. Not engaging is an omission which will impact on our children and grandchildren ... so please do get involved now.

www.cafod.org.uk/livesimply

A call to all catholic communities to lead by example and live simpler, more sustainable lives.

www.cafod.org.uk/campaignsignup

An invitation to join the latest important campaigns and find new ways to put our faith in action.

Reflection: How can we make politicians aware that climate change and sustainability are priorities?